



Thank you NHS

April 2020 Newsletter

Hello everyone, in these unusual times we wanted to help bring some normality and new crafting ideas for you to make at home.

Please stay at home and protect yourself and the NHS, we want you to keep safe and well

Any events we had planned are presently put on hold, but they will be replaced with others, when we return back to normal. We are very keen to keep this excellent group operating and recognised with celebratory events, so we will be keeping you up to date as much as possible.

The items you make are so very much appreciated and really make a difference.

We would like to provide you a link to the [Keeping in Touch project](#) started by Weymouth Town Council's Julie Hursthouse and Cherry Clarke from Refresh with huge support from local volunteers. We would also like to draw your attention to this [leaflet](#) that has been delivered to many households.

Things We Can Do

Our focus this month is to create NHS Angels.



Patterns are available on request from Helen Legg via email, details below. We make a donation to the hospital for every pattern given away, as agreed with the designer. If you do share the pattern with others please would you kindly let Helen know so that we can add their names to our list when we are thanking people and also include their pattern in our donations.

When you have completed your angels please could you kindly drop them off to the council offices in Weymouth, **when they have reopened**. From there we will attach a lovely gift tag and then send them on their way to Dorchester County Hospital. If you do gift one yourself, please would you kindly take a photo so we can share on our social media to encourage others to help us say thank you to the NHS.

The following images give a very strong message, but also an idea of something to make to brighten up your home, whether knitted or created using whatever you have at hand.



Here's a [link](#) to the crochet rainbow which is free to download.

We have some colouring projects you may wish to complete:



Doctors bag
colouring MBP.pdf



Medicine Colouring
MBP.pdf



Gardening
colouring picture.pc



Lounge colouring
picture.pdf

With anything you make please take a picture of your project and post it on the Let's Make It Community [facebook page](#).

We also have some information regarding the Memory Box, whether they are poems or a presentation to help you reminisce and many others:



Health and
Medicines PPT MBP. |



Health Match up
MBP.pdf



Health Poem
MBP.pdf



April 2020
Newsletter MBP.pdf



Medium
Wordsearch Home



Medium Difficulty
Sudoku Activity .pdf



Home & Garden
Quiz.pdf



Garden Word
Ladder Activity .pdf



Flower
Identification



Easy Wordsearch
ActivitHome and Garden.p



Easy Sudoku
Activity.pdf



Difficult
Wordsearch Home a



My Home Growing
Up poem.pdf



Wildlife Matching
Game.pdf

Here are some crochet angels you may want to make:



All patterns are available for these on request from Helen Legg via email, details below.

Charity of the year The Veterans Hub – we are making keyrings / hand decorated chocolates to help raise funds sold in various outlets, so if you know of somewhere where we could sell them in the future please let Helen know, including any local table-top sells rescheduled this year.

Other projects – we are continuing to make crafts for the Radiotherapy Department at The Robert White Building, Dorset County Hospital, Dorchester. We are planning to make around 250 – 300 items and these will be made during our sessions at the St Marys Church, date will be notified to you soon. We know how much these mean to those going through treatment.

Stay Safe, Well and Continue Crafting

Julie Hursthouse – Let's Make it Community Group

Neil Biles – Weymouth Town Chaplain

Jackie Dukes – Help and Care support Worker

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